

"Advanced Scientific Version"

Dosage Instructions

Dosage: For health challenged users: Take one capsule every 4 hours (6 capsules per day) with at least 8 ounces of water - preferably distilled water concomitantly with the capsules. If you have purchased Dr. Willard's Catalyst Altered Water, drink it frequently at other times throughout the day. If you cannot wake up during the night to take a dose, take two capsules before going to bed and try not go longer than 6 hours for the next dose. Persons with sensitive stomachs should not take 2 capsules.

For the severely health challenged, take one capsule every two hours during waking hours for the first 2-3 weeks, then go back to the normal dose of one capsule every 4 hours.

For healthy users, who wish to arrest free radical damage to their system and prevent resultant damage: Take one capsule every 6 hours (4 capsules per day). Cantron capsules can be taken on an empty stomach (1 hour before meals or 2 hours after) or with meals, which is recommended for those who have sensitive stomach conditions.

Storage: <u>Keep tightly closed in a dry place at room temperature (59-86 degrees F)</u>. Warning: Do not use if safety seal around cap is tampered with or missing.

Indications: For nutritional use only as an antioxidant wellness formula. Not intended for the prevention, cure or mitigation of any specific disease. None of the statements on this label have been evaluated by the FDA.